

The Gardens



Restaurant

3220 Rock Springs Road, Fort Worth, Texas 76107

www.gardensrestaurantandcatering.com

gardensrestaurant@hotmail.com 817-731-2547

THE GARDENS RESTAURANT

Appetizers

- Stuffed Avocado with Chicken Salad** Our Homemade Apricot Chicken **\$5.75**
Salad Served in a Halved Avocado (Seasonal)
- Garden Quiche** Delicate Mix of Eggs, Vegetables, and Cheese in a Light, Flaky **\$5.75**
Crust and Served on a Bed of Field Greens

Salads

- Garden Sampler** Garden Vegetable Quiche, Apricot Chicken Salad on a Bed of **\$9.00**
Lettuce, Fruit Salad, and a Cup of Soup (Pictured Below)
- Chicken Caesar Salad** Boneless Grilled Chicken Breast on Fresh Romaine **\$7.75**
- Classic Cobb Salad** Roasted Breast of Chicken, Tossed Field Greens, Tomatoes, **\$7.95**
Avocados, Eggs and Cheddar Cheese (Pictured Below)

Sandwiches and Wraps

Served with Choice of Side Salad, Cup of Soup, or French Fries

- Old Fashioned Hamburger** 100% Pure Angus Char Grilled Patty with Mixed **\$7.95**
Field Greens, Cheese, Tomatoes, Mushrooms, and Mayonnaise on a Toasted Bun
- Smoked Turkey Croissant** Smoked Turkey Breast Served on a Croissant with **\$7.75**
Mixed Field Greens, Tomatoes, Cheese and Mayonnaise
- Classic Reuben** Grilled Rye Bread, Melted Swiss Cheese, Sauerkraut, Corned Beef **\$7.85**
And Thousand Island Dressing
- Grilled Chicken Panini** Grilled Chicken Breast Marinated in Fresh Herbs and **\$7.75**
Garlic with Avocados, Mixed Field Greens, Tomatoes, Pepper Jack Cheese on Grilled
Panini Bread
- Apricot Chicken Salad Sandwich** Homemade Chicken Salad, Mixed Field **\$7.75**
Greens and Tomatoes on a Panini



The Garden Sampler



Classic Cobb Salad



Homemade Bread Pudding

- Grilled Portobello Wrap** Grilled Marinated Portobello Mushrooms, Bell Peppers, Squash, Zucchini, Grilled in a Herb Flour Tortilla with Roasted Red Bell Pepper Mayo (Also Available on Panini) **\$7.65**
- Mediterranean Chicken Wrap** Grilled Chicken, Tomatoes, Artichoke Hearts, Olives, Feta Cheese and Red Pepper Cream Cheese in an Herb Flour Tortilla Served with a Small Greek Salad **\$7.65**
- California Club Sandwich** Smoked Turkey, Ham, and Bacon, Layered with Swiss and Cheddar Cheeses and Red Onions, Lettuce, Tomato and Mayo on Panini **\$7.85**

Entrees and Pastas

Served with Choice of Side Salad or Cup of Soup

- Herb Encrusted Salmon** Fresh Baked Salmon Filet Topped with a Herb Cream Sauce and Served with Fresh Vegetables **\$10.95**
- Tilapia with Poblano Cream Sauce** Fresh Grilled Tilapia in our Zesty Poblano Cream Sauce Served with Fresh Vegetables **\$10.95**
- Pecan Encrusted Chicken** Boneless Chicken Breast topped with Maple Syrup Sauce and Served with Garlic Mashed Potatoes and Garden Fresh Vegetables **\$10.95**
- Quesadillas** Served with Sour Cream and Salsa
- Grilled Chicken** with Onions, Peppers and Cheddar Cheese **\$9.75**
- Spinach and Mushroom** with Swiss Cheese **\$9.25**
- Bistro Shrimp Pasta** Sautéed Shrimp, Fresh Mushrooms, and Sun Dried Tomatoes With Penne Pasta in a Lemon-Basil-Garlic Cream Sauce **\$9.50**
- Parmesan Chicken with Angel Hair Pasta** Breaded Parmesan Chicken Breast Served on a Bed of Angel Hair Pasta with Marinara Sauce **\$9.50**

Soups, Salad and Sides

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| Soup of the Day or Tortilla Soup | Cup \$3.00 | Bowl \$4.25 |
| Side Salad | \$4.75 | |
| Fruit | Side \$2.75 | Plate \$5.75 |
| Homemade Parmesan French Fries | \$2.25 | |

Kids Menu

Includes Choice of Beverage

Chicken Strips with French Fries	\$4.95
Choice of Fettuccini or Penne Pasta with Alfredo Sauce	\$4.95
Add Chicken	\$1.25

Desserts

New York Cheesecake	\$4.50
Bread Pudding with Brown Sugar Bourbon Sauce	\$4.75
Brownie Sundae Fudge Brownie topped with Vanilla Ice Cream, Strawberries, Whipped Cream and Chocolate Sauce	\$4.75
Tiramisu Espresso Soaked Cake with Mascarpone Cheese and Marsala Wine Cream	\$4.75
Chocolate Mousse Cake Moist Chocolate Sponge Cake Sandwiched with a Light Chocolate Mousse, Covered with Chocolate Shavings	\$4.75

Beverages

Soft Drinks, Iced Tea, or Coffee	\$2.05
Flavored Tea	\$2.25
Domestic Beer \$3.50	Premium Beer \$4.00

ALL TABLES 7 AND OVER WILL BE CHARGED AN AUTOMATIC GRATUITY OF 18%

ALL TABLES REQUIRING SEPARATE CHECKS WILL BE CHARGED AN AUTOMATIC GRATUITY OF 20%

The Gardens Restaurant is open:

Tuesday to Saturday 11:00 A.M. to 2:30 PM

Sunday Brunch Buffet 11:00 AM to 2:30 PM

We are located at:

3220 Rock Springs Road

Fort Worth, TX 76103

gardensrestaurant@hotmail.com

www.gardensrestaurantandcatering.com

We can be open just for you!

Book us for your next private party or call us and our off-premise catering department will provide the food and service at the location of your choice.

817-731-2547